

MOTIVATION

Readiness implies that the child can learn and is ready to learn. Just as importantly, however, the child must want to learn. Capability and readiness have a physical and neural basis while motivation is based on psychological drives

In early childhood development, the concept of “physical education” is often very motivating in itself because at a young age children associate physical action with play.



Interest and excitement can easily be generated in children and adults by keeping activities new, different and challenging.

When fatigue, boredom or a lack of progress become evident, a change of activity is necessary.



Attachments

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